

**THE REDCLIFFE  
SURGERY**  
10 Redcliffe Street,  
London  
SW10 9DT  
Tel: 020 7460  
2222 Fax: 020  
7460 0116

**Inside this issue:**

**Update on pro-  
posal to move to  
Violet Melchett  
Page 1**

**Introducing our  
practice pharma-  
cist Page 1**

**TIME TO GET  
YOUR FLU JAB  
Page 2**

**Practice News  
Page 3**

**Patient Participa-  
tion Group needs  
you!**

**Page 3**

# The Redcliffe Review Newsletter Oct–Dec 2018

## Update on the Proposal to move to Violet Melchett

Since we wrote to all patients earlier this year in March, we have no further updates on the proposal to move to Violet Melchett. We will update the practice website if there are any further developments in the move or opportunities for further patient engagement.

If you are unaware of the proposed move to Violet Melchett in Flood Walk, Chelsea, SW3 5RR . You can find further information on our website at [www.theredcliffesurgery.co.uk](http://www.theredcliffesurgery.co.uk), or ask for information at reception.



## Introducing Rinku Patel our Practice Pharmacist

My name is Rinku and I am the new Practice Pharmacist, The Redcliffe Surgery are the only practice in the area to have an in-house pharmacist! I have completed the Independent Prescribing course, so I am able to prescribe within my scope of a practice which is Type 2 Diabetes.

There are several different skills and expertise I bring to the surgery that benefit both patients as well as other colleagues in the surgery.

This includes:

- Dealing with patient medication queries for prescriptions, or prescribing recommendations from other health professionals.
- Handling numerous prescription requests that would have been sent to GPs.
- Medicines management - I augment the quality, safety and efficiency of the practice's prescribing.
- Providing expertise in clinical medicines reviews and addressing public health and patients' social care needs, eg helping patients get dosette boxes.
- Ensuring safe, effective, rational use of medicines.
- Monitoring patients taking high-risk medicines or those with a narrow therapeutic index.
- Reconciling medicines following hospital discharge and working with patients and community pharmacists to ensure patients receive the medicines they need following discharge.
- Managing repeat prescribing reauthorisation procedures by reviewing requests for repeat prescriptions and medicines reaching review dates.
- Developing and will soon be running pharmacist-led clinics, such as Type 2 diabetes condition management.
- Following clinics, I will be conducting follow-up appointments with patients with long-term conditions.
- Monitoring long-term conditions and identifying any early deterioration with my scope of practice.



I look forward to developing the diabetes clinics and improving patient health outcomes as well as reduce medicines wastage and overuse.

## TIME TO GET YOUR FLU JAB

The flu viruses evolve much more rapidly than some other viruses, and that's why flu protection is changing for the 2018-2019 season. The major change is that the at risk groups and patients over 65 years old will be offered different vaccines this year. Please note we won't be receiving the vaccine for the ages 65 and over until 27th October, but we can still book your appointment. We will be contacting all eligible patients via text messages and phone calls, but if you are still unsure whether you are eligible please contact the surgery.

### Ages 2 and 3

Age 2-3 will be offered the nasal flu, as in previous years. Well children in Primary School will be offered nasal flu at School. Flu protection is most effective when given early, so we recommend that you have your vaccine before the end of November. Book with a NURSE only

### Ages 4 - 64

Age 4-64 with a long term health condition, you will be offered a quadrivalent vaccine with 2 types of A and B flu strain because this age group is more at risk from type B influenza.

#### Long term conditions:

- Asthma (using regular inhaled steroids)
- COPD
- Diabetes
- Heart disease
- Stroke
- Chronic liver disease
- Chronic kidney disease
- Neurological conditions
- BMI over 40
- Carers



### Age 65 and Over (this vaccine won't be available until 27th October)

Over 65, you will be offered Flud<sup>TM</sup>, an adjuvanted vaccine which will provide superior protection against flu specially designed for this age group.



**We are offering a range of appointments across the week as well as the weekends, so if you fall into either of these groups please call and get your free vaccine early and keep well this winter.**

## Practice News

After five years working with us, Dr Gemma Nott left the practice at the end of June to move to a practice closer to her home so she could spend more time with her family. Gemma was a very well liked member of our team and will be missed by her patients and colleagues alike. We wish her well with her future career.

Dr Sonali Dasgupta has completed her GP Training at the surgery and we are delighted to announce that she has opted to stay working with us at the practice. Sonali will work part-time and will directly replace Dr Nott's sessions. We welcome her to our team.



Dr Nicholas Beales and Dr Laura Maitland have finished their time GP training at the practice. Their last day was 1<sup>st</sup> August. They have been succeeded by Dr Lucy Doherty and Dr Natasha Friend who started on 2<sup>nd</sup> August.

We have some new members joining our admin team – Ikram, Dulce, Lorraine and Sam have all joined over the summer.

Our practice pharmacist, Rinku Patel, is establishing his role in the practice and he is proving to be a useful addition to our team, and is starting to do clinics. This month he has written an article about the work he is doing in the practice.

After two years at the practice Annie Healey one of the HSCAs in the MCMW team is leaving, and a new case manager Achilles Kiourkas has recently joined the team. Achilles further strengthens the senior nursing provision in the team.

## The Redcliffe Surgery Patient Participation Group needs you!

We are a group of patients working with the staff at the Redcliffe Surgery to identify ways to involve patients and carers in improving the services provided by the surgery. We all have views and thoughts about what our GP surgery offers and how it works for us and people we know. The Patient Participation Group (PPG) provides opportunities to be more actively involved in influencing how the surgery works, whether that is to do with access to appointments, improving the outcomes of services, hearing our ideas and looking towards the future to help ensure our local community has the medical and health and social care services they need.



We are keen to increase the number of patients and carers who are involved so more voices are heard and listened to. The PPG meets regularly with Redcliffe Surgery staff to work together to hear what patients think and need to improve what is provided.

As a Patient or Carer, you will have opportunities to work with staff, to learn more about how the health service works and to help influence local care. All GP surgeries have Patient Participation groups and we have a local network in Kensington and Chelsea to support PPGs and provide useful opportunities to get together and learn more. Your involvement can be tailored to meet your time and availability. Come and join us, our next meeting is on 12th November at 6pm!

To find out more please contact the practice using the details below.

Sonia Richardson (PPG Member)

If you have any further comments or suggestions about the newsletter please use the contact details below.

Email us at [redcliffesurgery@nhs.net](mailto:redcliffesurgery@nhs.net) or visit [www.theredcliffesurgery.co.uk](http://www.theredcliffesurgery.co.uk)