# CARErS IDENTIFICATION FORM

**Do You Look After Someone Who Is Ill, Frail, Disabled Or Mentally Ill?**

*If so, you are a carer and we would like to support you. Please complete this form and hand it in to reception.*

The Redcliffe Surgery is now offering a new service for Carers which entitles you to a “Carers health check” – a full review of your physical and emotional health needs – which we can offer with your preferred GP at a time and date that is most convenient for you.

We will also refer you, with your permission, to have your needs assessed by Social Services. This is a chance to talk about your needs as a carer and the possible ways help could be given, practically and financially. There is no charge for an assessment.

We can also give you information about all the local support groups including Counselling Support groups and the Injury Prevention Service.

**Once this form is completed we can offer you an appointment for a Carers’ health check as well as discuss onward referral to support agencies including social services**.

# YOUR DETAILS

|  |  |
| --- | --- |
| Name |  |
| Date Of Birth |  |
| Address |  |
| Post Code |  |
| Telephone Number |  |
| Any relevant information |  |

**DETAILS OF THE PERSON YOU LOOK AFTER**

|  |  |
| --- | --- |
| Name |  |
| Date Of Birth |  |
| Address (if different to above) |  |
| Post Code |  |
| Telephone Number  |  |
| GP Details (If different from your own)  |  |

We can improve our service in the future by tracking the outcome of any referrals that are made. Please indicate below if you would be agreeable with this.

**I Am Agreeable To Having My Information Shared With Social Services Yes** [ ]  **No**[ ]

**Thank You for Completing this Form**

**Do You Look After Someone Who Is Ill, Frail, Disabled Or Mentally Ill?**

We are interested in identifying carers, especially those people who may be caring without help or support. We know that carers are often “hidden” looking after a family member or helping a friend or neighbour with day to day tasks and may not see themselves as a carer.

Caring for someone is an important and valuable role in the community, which is often a 24-hour job that can be very demanding and isolating for the carer. Carers should receive appropriate support by way of access to accurate information on a range of topics such as entitlement to benefits and respite care and not least, a listening ear when things get too much.

We can offer you a full health check and an assessment of your needs. We understand it can be difficult for carers to take the time out for a health check. Therefore we will strive to be as flexible as possible to ensure the appointment is at a time that is convenient for you.

As a Carer, you are also entitled to have your needs assessed by Social Services. A Carer’s Assessment is a chance to talk about your needs as a carer and the possible ways help could be given both practically and financially. There is no charge for an assessment.

If you are a carer, please ask at Reception for a

**CARER’S IDENTIFICATION FORM**

which you can complete to let us know about your caring responsibilities

You could also book your appointment for a full Carers’ Health Check with your GP.

**Agreement For A Carer To Have Access To A Patient’s Personal Details**

|  |  |
| --- | --- |
| Patient Name |  |
| Patient Address |  |

To: The Redcliffe Surgery

I give permission for my Carer to have access to my medical records and personal details held by the Practice.

This permission relates to all / part of my record. (Delete as appropriate)

Where the permission is restricted to part of the record only, please specify below the precise limits of this permission, and any areas of the record which are excluded.

|  |
| --- |
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|  |
|  |

I understand that the doctor may override this authority at any time, and that this permission will remain in force until cancelled by me in writing.

|  |  |
| --- | --- |
| Signed |  |
| Date |  |

**Contact Points**

|  |  |
| --- | --- |
| **Resource** | **Contact Number** |
| Carers Linewww.carersuk.org | **0808 8087777**Cof dhgd fdfaghdgl |
| Princess Royal Trust for Carerswww.carers.org | **020 74807788** |
| K & C Mental Health Carers Association  | **020 8960 3873 / 07894 542241** |
| Full of Life | **020 8962 9994** - Support and advocacy for family carers of people with learning disabilities |
| Injury Prevention for Informal Carers | **0207 3493239 –** provided by rehabilitation therapists who provide risk assessment and advice |
| K&C Social Services line | **0207 3613013 –** ring to organise a Carers Needs Assessment – can arrange practical support eg help towards travel expenses, payment for cost of washing machine, help with payment for a holiday through the Holiday Scheme, provision of emergency care in the home if the Carer becomes unwell through the Carers’ Emergency Card Scheme as well as signposting to counselling/ injury prevention services |
| Wpf counselling – one to one or group counselling  | **0207 378 2007 –** one to one counselling or support groups to help cope with the stress of caring |
| Family Action Young Carers’ Service  | **07783 395890 –** for young carers between the age of 7 and 17 |
| Hodan Somali Community | **0208 9605813 –** helps Somali carers to identify available services |
| Free Courses for Carers | **Looking after Me – 0208 9624021** – helps carers take more control of their situation and learn techniques that will make a difference**Caring with Confidence – 0208 563 8014 -** help with emotional/ practical/ financial/ health issues**Manual handling training – 0207 376 3545 –** learn how to prevent back injuries and practice techniques to move and support someone in a way that is safe |
| Carer’s Walking Group | **020 8960 2221** |
| Book Break | **0207 341 0729 –** listen and relax while a story is read over a cup of tea and biscuits |
| Vitalise Home Services - Live-in and visiting home care | **020 7376 4640 –** can organise respite if carers are going on holiday/ need a break/ need to attend appointment |
| Age Concern | **020 7471 5555** |
| Sixty Plus | **020 8969 9105** |